

CLYDEBANK HOUSING ASSOCIATION LIMITED

FROM: Centre81 Co-ordinator **DATE:** 14/02/2020
TO: Management Committee **REF:** \AM\C81
SUBJECT: CENTRE81 UPDATE – February 2020

This report is to provide the Management Committee with an update of Centre81, including events, funding and current and potential projects. Information relating to Gym81 and current activities can be found in Appendix I.

1 Upcoming Events

ISARO Community Initiative (formerly ISARO Social Integration Network) will be holding their annual International Women's Day Event on Saturday 7th March, 1-5pm.

To celebrate the success of our current CCF project, we will be holding a Spring Fest event on Saturday 28th March from 1-3pm. We will be holding tai chi and yoga taster sessions, free Gym81 inductions, healthy cooking demos, bike maintenance workshops, energy advice stalls and providing a healthy buffet and refreshments.

2 Events held in February

In conjunction with West Dunbartonshire Council, the Centre81 Steering Group arranged for the Judy Murray Foundation to pay the Centre a visit on Thursday 20th February. Laura and Shona from The Judy Murray Foundation gave tennis taster sessions to local residents. The Foundation's mission is to bring tennis into rural and disadvantaged areas in Scotland. West Dunbartonshire Council provided lunch and refreshments afterwards.

3 Projects

Appendix II provides a detailed breakdown of ongoing and proposed projects.

4 Community Pot

We currently have c. £4.7k in our Community Pot which can be used to fund community activities throughout the year. At the moment we are running a Monday morning Yoga class which is subsidised with this fund, this class is very well attended with c.15 people turning up each week.

We are currently asking the local community, centre users and the Centre81 Steering Group what kind of activities they would like to see at the Centre. Ideas so far are include Community BBQ, Mindfulness & Relaxation Sessions, Fermented Foods Workshops and Bread Making classes.

5 Centre81 Steering Group

The next meeting of the Steering Group will be held on Thursday 27th February at Centre81 from 6.30-8pm.

At the moment the Centre81 Steering Group is delivering a Children's Art Club, Adult Art Classes and an After School Club and recently held a Valentine's Disco, which was attended by over 60 local children. Current funders for these activities are West Dunbartonshire Council, Glasgow Airport and The National Lottery Community Fund Scotland.

The Steering Group is continuing to look for funding for new projects and school holiday programmes and homework clubs. Future projects to be considered include groups for local people with dementia and Alzheimer's.

6 New Contacts/business

We are in discussion with Alternatives 'Safe as Houses' to provide them with a corporate gym membership, which will enable their service users to use the gym at Centre81.

Gym Statistics

Month-end	Active Members	New members joined in the month	Leavers in month and any reasons for leaving	Promotional work done
10/02/2020	28	8	0	Sent 200 texts messages, ran Facebook competition, Facebook posts.

Current Activities at Centre81

Yoga	Monday	9.30-10.30am
Learn to Sew	Monday	6.00-8.00pm
Pilates	Tuesday	9.30-10.30am
Circuit Training	Tuesday	6.00-7.00pm
ISARO Drop in	Wednesday	11.00am-1.00pm
How to Work IT	Wednesday	10am -12 noon
Yoga	Wednesday	6.30-7.30pm
Family History Group	Thursday	1.00-3.00pm
Bingo and lunch club	Thursday	1.00-3.00pm
Kettlebells with William	Thursday (£4 per class)	7.00-8.00pm
Tai Chi	Friday	2.00-3.00pm
SAS Autistic Club	Friday (every 2nd)	6.00-8.00pm
SAS Autistic Club	Saturday (every 2nd)	10.00am -12noon

Projects & Funding

Fund	Project	Update
Climate Challenge Fund (CCF3)	<p>Growing Skills, Growing Spaces</p> <p>The aim of this project is to develop a holistic approach to carbon management within Clydebank; ensuring residents are able to address carbon emissions across all aspects of their lives. This project will aim to increase the skills of local people across a range of different areas including bike maintenance, cooking, gardening and upcycling, awareness of carbon literacy, their carbon footprint and ways to minimise it.</p>	<p>Project is on track and all outcomes expected to be met by March 31st 2020. The Final Report for the project is due to be submitted by 17 April 2020.</p> <p>Garden – Gardening workshops – are currently on target with 12 left to be completed. Preparing the gardens for Spring planting.</p> <p>Cooking – 5 blocks complete so far. Last block commencing in March.</p> <p>Bikes –Cycling took a break due to the Winter season, will be back up and running once the better weather arrives. Bike donations and bike maintenance workshops are on target for end of project.</p> <p>Home Energy –. Project officer visiting 75 homes in Whitecrook week beginning 17/02. Project Officer also be contacting all new tenants to offer energy advice, as well as supporting existing tenants who may benefit from receiving energy advice.</p>
Sustrans	<p>Access Ramp from Centre to Canal Path</p>	<p>The lease has now been prepared and includes a long-stop date of 28 February as we do not wish to formalise until we have the match funding in place and are sure we are able to progress with the project.</p> <p>Match funding remains outstanding and we are now at a critical point where we will have to determine whether we can progress or not due to the timescales set for completion by Sustrans, our main funder.</p> <p>I will provide a full update on the position at the meeting on Tuesday.</p>
Scottish Government Investing in Communities Fund (ICF)	<p>Empowering Clydebank</p> <p>This project will aim to deliver the following: Digital awareness, College classes, CSCS courses, Language Café, Health and Safety/ Food Hygiene, ESOL (English for Speakers of Other Languages) courses, Family group parenting</p>	<p>We have been meeting with our delivery partners to schedule in courses and classes for our Empowering Clydebank project. The new Youth Club, run by Y-Sort-It, will be commencing on 6 March 2020.</p> <p>The ICF Grant allocations for the financial years 2020/21 and 2021/22 will be subject to written confirmation following the outcome of the annual spending reviews and the Scottish Government will update us on these in due course.</p>

	<p>classes and early learning, Youth club, Older residents' lunch club, Keep Fit classes, Sport, recreation and arts activities for autistic young people, ISARO ethnic minority support and integration activities.</p>	
<p>Climate Challenge Fund (CCF4)</p>	<p>Growing Change for Good This proposed project, Growing Change for Good, will focus on continuing with past CCF funded projects, such as the developing residents gardening and growing skills, encouraging/supporting home growers, delivering low carbon cooking sessions integrated with Carbon Literacy information and supporting and encouraging residents to use bikes rather than cars or public transport. The project also aims to support the set-up of a constituted Environmental Group to help with the long-term sustainability of the project.</p>	<p>No decision regarding the funding will be made until the Scottish Government have agreed their budget, which may possibly be early March.</p>