



Centre81



home to



Centre81 is owned and managed by Clydebank Housing Association

Centre81 Steering Group

SUMMER SESSIONS - Primary 1 - Primary 7



Throughout the summer the Centre81 Steering Group sessions will be as follows:

- Wednesdays 2:30-4:30pm
- Thursdays 2:30-4:30pm

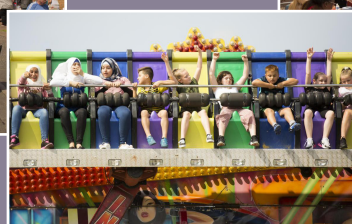
The first session will be on Wednesday 6th July and the last session on Thursday 11th August. This year they will be operating on a first come first served basis and no bookings can be made in advance. Please contact the SG with any questions you may have - centre81sg@outlook.com.

Date for your Diary!

Centre81 GALA DAY is back!
Saturday 13th August, 12-4pm.
See you there!



Our fantastic 2019 Gala Day



Photos ©Clydebank Post

Scotland Cycle Repair Scheme

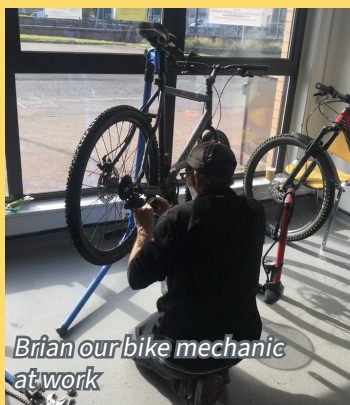
We are delighted that we have been awarded a further £2k from the Scotland Cycle Repair Scheme.

The Scotland Cycle Repair Scheme provides free cycle repairs and maintenance work, up to the value of £50 per person or up to £100 for non-standard cycles e.g. trikes, tandem bikes.

Basic service and mechanical repairs are covered by the scheme i.e. repairs that are necessary to make the cycle roadworthy and fit for purpose.

Contact our bike mechanic, Brian, or Jean at Centre81, for an appointment - 0141 533 7070.

SCOTLAND
CYCLE REPAIR
SCHEME



Brian our bike mechanic at work

BINGO

Join us at Centre81 for our famous weekly bingo sessions!

£5 per person which includes 6 games and a cuppa.

1pm-2.30pm
Thursdays

Everyone welcome!





Gym81

- NO joining or rejoining fees
- NO contract
- NO hassle
- LIFETIME membership*

Only £10 a month or £100 for an annual pass!

Please call to book your Gym81 slot – 50 minute solo sessions (last slot 4pm) 0141 533 7070.



Congratulations!

Congratulations to Jacqui Voy, who won a 3 month membership for Gym81 in our Facebook competition! Thanks to all who got involved.

** a one-off £7 gym induction charge applies*

Congrats to Champion Cheer & Dance

We're delighted for our Centre81 tenants bringing home a World Championship win from America! Well done.



Fitness Classes

Check out our popular keep-fit classes at Centre81 (see those in red over the page), all only £3 per class (no need to book)!



Nevis Ensemble

In June, The Nevis Ensemble (Scotland's Street Orchestra) paid Centre81 a visit.

The Nevis Ensemble have been celebrating live music by touring the west of Scotland. Music for everyone, everywhere.

www.nevisensemble.org

Look out for Café81 on Just Eat! Or pop in for a delicious lunch, coffee or snack!



 [@cafes1clydebank](https://www.facebook.com/cafes1clydebank)

What's on at Centre81!



Mon

10am-11am **Centre81 Yoga (£3)**
 1pm-3pm ESOL with Working4U (free)
 4pm-9pm Age 2-adults, dance with Champion Dance & Cheer (costs vary)
 5.30pm-8pm Stitch That Sewing Group (£4)
First Monday of month only
 7pm-8.30pm Clydebank East Community Council

Wed

9.30am-2pm 0-5 year olds, Moo Music (block booking)
10am-11am Centre81 Core Stability (£3)
 11am-1pm Ethnic Minority Women's Drop-In with ISARO (free)
 12.30pm-2.30pm ESOL IT Class with Working4U (free)
 5pm-9pm Age 2-adults, dance with Champion Dance & Cheer (costs vary)

TUE

9.30am-10.30am **Centre81 Pilates (£3)**
 11.15am-12pm All ages, Fitbods with Fiona (£3.50)
 4pm-7.30pm Age 2-adults, dance with Champion Dance & Cheer (costs vary)
 6pm-7pm **Centre81 Circuits/Conditioning (£3)**
Second Tuesday of month only
 6pm-7pm Councillor Daniel Lennie

THU

10:45 - 11.30 Zumbini with Ashley (zumbiniwithashley13@gmail.com)
 11.15am-12pm All ages, Fitbods with Fiona (£3.50)
1pm-2.30pm Centre81's famous Bingo Buddies Lunch Club (£5)
 1.30pm-3.30pm All welcome, Beginning Family History (£4)
 1.30pm-3.30pm All welcome, Writers Group (£3)
 3.15pm-4.30pm Youth Group with Centre81 Steering Group
6pm-7pm Centre81 Kettlebells (£3)

FRI

9.30am-12.30pm Wee Birth Club (block booking)
2pm-3pm Centre81 Tai Chi (£3)
 3.30pm-5pm Age 12+, Youth Group with Y-Sort-It (free)
 5.30pm-7.30pm SAS Sports & Arts Club for Autistic Children (free)

Sat

10am-12pm SAS Sports & Arts Club for Autistic Children (free)

Sun

CLOSED

Classes in red - ran by Centre81 - enquiries on 0141 533 7070



Classes in navy - ran by others - contact below to book/enquire:



Centre81 Steering Group
 Email: centre81sg@outlook.com



ISARO Community Initiative
 Email: isarosocialnet@googlemail.com



Y-Sort-It
 Email: gillian@ysortit.com



Moo Music
 Tel: 07845 093832
 Email: charlene@moo-music.co.uk



Champion Dance & Cheers
 Facebook: @cdcallstars



Strathclyde Autistic Society (SAS)
 Facebook: @sasclubscldebank



Also available...



Open 9am-8pm Mon-Fri, 9am-1pm Sat
 £10 a month plus £10 induction (one-off)



Open Mon-Fri 10am-8pm

